

Supplies

Cover

Size: 6" tall x approx. 11" wide

Choose something sturdy for this soft cover book.

My first choice is a paper fabric called Kraft-tex. Use the washed or unwashed kind. If you are using the unwashed variety, ensure the grain runs parallel to the 6" edge. You can purchase Kraft-tex here:

<https://www.ctpub.com/kraft-tex.html>

<https://amzn.to/3qWjWr6>

If this is a new product for you, here are some resources:

<https://vintagepagedesigns.com/tips-for-using-kraft-tex-in-handmade-books/>

<https://vintagepagedesigns.com/decorate-kraft-tex/>

Another great option is Duck Cloth or Duck Canvas. (Fun fact: The term "duck" comes from the Dutch word doek, which refers to a canvas once used for sailors' white trousers and outerwear.)

<https://www.joann.com/jo-ann-stores-duck-canvas-fabric/prd23683.html>

Other options are leather, faux leather or cork fabric. You can also use 140lb good quality watercolor or printmaking paper, but make sure the grain runs parallel to the 6" spine.

Pages

Size: 6" tall x 9" wide (6" x 4.5" when folded)

It's convenient to work with a 12" x 9" pad of paper.

Please choose paper that you like to work with for your pages. You will need a minimum of 6 signatures (i.e., gathering of pages). The number of pages in each signature will depend upon the thickness of the paper.

Examples:

If your paper is 98lb mixed media paper, use 4 sheets per signature.

If your paper is a 140lb watercolor paper, use 2 sheets per signature.

If your paper is an 80lb drawing paper, use 6 sheets per signature.

Thread

Amount: 24" for each signature

You can use a variety of thread colors. Some thread choices are:



- 3-4ply waxed linen thread
- 18/3 linen bookbinding thread
- Size 5 pearl cotton + beeswax
- 4 strands embroidery thread + beeswax

Embellishments

Items to embellish your spine include beads, buttons, thread, ribbon, etc.

Tools

- Bone folder
- Needle*
- Awl
- Ruler
- Craft knife
- Pencil

*Choose a needle with an eye that accommodates your thread but no bigger. A #1 bookbinding needle, crewel needle or embroidery needle are good choices. Tapestry needles are usually too large.

If making paper beads, you will need:

- Mod Podge
- Wooden skewers
- Beeswax
- Glue brush

